



PROVO CITY
HALF MARATHON
RUN13.COM

THIS RUNNING LOG BELONGS TO:

name

- 1** Register for the Provo City Kids Marathon online at www.provocitymarathon.com
- 2** Walk, run or roll by wheelchair 25 miles before May 3. Fill in each box with the date you run, and remember, **get a parent or teacher to sign for each mile that you run.**
- 3** Come to the Expo (details online) on May 2 to get your t-shirt and race packet.
- 4** Come run the final 1.2 miles of your Marathon at the **Provo City Half Marathon.**
QUESTIONS? Email us at registration@run13.com.

MY RUNNING JOURNAL

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MILES COMPLETED	
	Adults Initials
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